good time'. I wrote 'Revelate', 'Fitzcarraldo', 'Angel At My Table' and 'Red Chord' in the hotel they were paying for, and then took them to another label.

"I'd been crushed, I'd been punched in the fucking face by the industry but I pulled through. You know, dude, if I ever turn into that guy who's bitching about the industry 24/7, I'll give it up (laughs)."

Glen Hansard recently turned 42, an age at which I suddenly went, "Fuck me, I wouldn't mind having kids." I haven't found a woman stupid or desperate enough to have them with me yet, but after years of thinking, "No way!" it's something that's definitely on the Clarkian agenda.

"So I'm not the only one! Family's a big thing for me," he confides. "My father died a couple of years ago. My mother, she's not in the best of health right now. She smokes like a fucking chimney and it's getting to her finally. I do believe that at a certain age you have to start singing a deeper song and that song might be family. The idea of living on a small farm with a wife and kids is, to me, kind of ecstatic. I'll have to get a wife first, but hey! I think that's the only thing that'll steal me away from the affection of strangers."

While the money men are screaming for a new Swell Season record, the plan after touring the guts out of Rhythm & Repose – Glen is playing all three days of the Electric Picnic – is to reconvene The Frames.

"Man, I need to. Fucking hell, those boys deserve a fucking medal for the patience they've displayed for the past five or six years. It's incredible. Because I just wandered off. I left the band at some point and my head was in another place. I was making music with Mar and then Once happened and then, bam, it turned into The Swell Season. The Frames were part of that of course, but the whole time they've been sitting there patiently going, 'Okay Glen, are we a band anymore or are we not?' And now I go to New York this year, ostensibly to have a rest, and make a solo record that they're going to tour with me. Unfucking-believable loyalty! We'll start kicking ideas around on the road, then come back and make an album.

"I've all these different things going on in my life, but what I'm still most proud and protective of is The Frames," he concludes. "They're the well from which all this crazy stuff has sprung."

Rhythm & Repose is out here on June 15. Catch Glen live at the Electric Picnic.

